

# EARTHQUAKE



## PREPARENESS

## GUIDE



### BEFORE

Identify safe spots in each room of your home: sturdy tables, desks and interior walls. Know your danger spots: windows, mirrors, hanging objects, fireplaces, and tall, unsecured furniture.

Conduct practice drills with your family. Know the safest locations in your home, and where to reunite if separated.

Learn First Aid and CPR and put together a First Aid kit. This also includes having disaster supplies on hand such as flashlights, extra batteries, battery operated radio, food and drinking water.

Teach your family how to shut off gas, water and electricity.

Check chimneys, roofs, walls and foundations for stability.

Keep breakables, heavy objects and flammable or hazardous liquids in secured cabinets or on lower shelves.

Participate in organization your neighbors to be self-sufficient after an earthquake.

### DURING

If indoors, stay there. Get under a desk or table or stand in a corner. Stay away from windows, bookcases, file cabinets, mirrors, hanging plants and other objects that could fall. Watch out for falling plaster and ceiling tiles. Stay under cover until the shaking stops. Hold on to your cover—if it moves, move with it.

If outdoors, get into an open area away from trees, buildings, walls and power lines.

If driving, pull over to the side of the road and stop. Avoid areas around power lines. Stay in your car until the shaking is over.

In a crowded place, do not rush for the doors. Crouch and cover your head and neck with your hands and arms.

### AFTER

If it is safe, check for gas and water leaks, and broken electrical wiring or sewage lines. If there is damage, turn the utility off at the source and immediately report gas leaks to your utility company.

Stay away from downed power lines and warn others to stay away.

Do not attempt to re-light the gas pilot unless your gas line has been thoroughly inspected. Call the Gas Company for assistance.

If you are able to safely do so, check your building for cracks and damages, including the roof, chimney and foundation.

Turn on your portable radio for instructions and news reports.

Cooperate fully with public safety officers.

Do not use your vehicle unless there is an emergency.



[SUPERVISORKUEHL.COM/QUAKE](http://SUPERVISORKUEHL.COM/QUAKE)